



Organic Lunch Menu Check the box each day to order lunch. Check for GF Gluten Free V Vegetarian DF Dairy Free VG Vegan

Monday	Tuesday	Wednesday	Thursday	Friday	# of lunches per week
Lentil Soup Corn Bread (GF) Salad 3/2 <input type="checkbox"/>	Chicken Shawarma Falafel w/Tahini (GF) Quinoa Tabuli Roasted Carrots w/Zatar 3/3 <input type="checkbox"/>	Pizza (V) (GF available) * (DF available) * Salad Vegetable 3/4 <input type="checkbox"/>	Baked Potato Beefy Chili Cheesy Broccoli / Sour Cream Scallions Salad 3/5 <input type="checkbox"/>	Ravioli with Rosé sauce (Vg) Green Salad 3/6 <input type="checkbox"/>	
3 Bean Chili (GF, DF) with Sour Cream & Cheese Rice Tortilla Chips 3/9 <input type="checkbox"/>	No Lunch Service Teacher Professional Development Day 3/10	Pizza (V) (GF available) * (DF available) * Salad Vegetable 3/11 <input type="checkbox"/>	Japchea with Korean style BBQ Beef or Tofu (V) 3/12 <input type="checkbox"/>	Twice Baked Barley and Cheddar Cheese Stuffed Sweet Potato Salad 3/13 <input type="checkbox"/>	
Oven "Grilled" Cheese Creamy Tomato Soup (GF) Salad 3/16 <input type="checkbox"/>	Coconut Chicken Curry (GF, DF) Lentil Dal Roasted Cauliflower Basmati Rice 3/17 <input type="checkbox"/>	Pizza (V) (GF available) * (DF available) * Salad Vegetable 3/18 <input type="checkbox"/>	Hot & Not Dogs (GF bun optional) Carrots with Chef's Ranch dressing Fruit 3/19 <input type="checkbox"/>	Pasta Ragu Salad 3/20 <input type="checkbox"/>	
Bean & Cheese Burritos Roasted Butternut Squash Cabbage Salad 3/23 <input type="checkbox"/>	Teriyaki Chicken/Tofu (V) Braised Bok Choi w/ Shitake Mushrooms & Carrots Rice 3/24 <input type="checkbox"/>	Pizza (V) (GF available) * (DF available) * Salad Vegetable 3/25 <input type="checkbox"/>	Beef Stew Squash & Chick Pea Stew (V) Honey Wheat Bread Salad 3/26 <input type="checkbox"/>	Macaroni & Cheese Old Bay Carrots Apple Sauce 3/27 <input type="checkbox"/>	
Lentil Soup Corn Bread (GF) Salad 3/30 <input type="checkbox"/>	Chicken Shawarma Falafel w/Tahini (GF) Quinoa Tabuli Roasted Carrots w/Zatar 3/31 <input type="checkbox"/>			If every family that enjoys ordering from our wonderful school lunch program volunteered for just 4 shifts each year, our kitchen program would be fully staffed!!	

**Talk to Chef about special requests.

Return all completed menus to Stacey Kornegay

Total # of lunches for the month _____
x \$6.25 = \$ _____ Total